



ASPIRE

TRAINING ACADEMY

**INTERNATIONAL
SOCIAL CARE
PATHWAY**

WHY CHOOSE ASPIRE TRAINING ACADEMY



We have developed the Aspire Training Academy Programme with our training and industry partners to provide a structured, effective and efficient approach.

Aspire Training Academy provides students with opportunities to gain Qualifications that focus on gaining the knowledge and skills they require to progress in a chosen career pathway.

Our programme is designed to give you both the practical skills to work within your chosen pathway and the academic knowledge.

THE ASPIRE TRAINING ACADEMY INTERNATIONAL SOCIAL CARE PATHWAY IS A 1 YEAR TRAINING PROGRAMME DELIVERED OUTSIDE OF THE UK



● QUALIFICATIONS

● CPD ACCREDITED TRAINING

● SKILLS

● KNOWLEDGE

FUNCTIONAL SKILLS TRAINING DELIVERED BY OUR INDUSTRY PARTNERS

■ ENGLISH LANGUAGE CLASSES

Stage: Month 1- 3

Delivery Method: Online Tutor Led

Access: Zoom Link Invite

Group Sessions

1 day per week for 3 months

Total Hours: 100 Hours



We have developed our English Language classes to provide an intense, structured, and effective approach. Designed to help you make rapid progress in improving your English Language skills.

Our syllabus is designed to be varied and interactive and covers speaking, listening, reading, and writing plus grammar, vocabulary, and pronunciation.

You'll immerse yourself in the depth and breadth of the English Language to boost your career prospects and therefore, improve your opportunities to increase your salary.

Delivery Method: Online Self Study

Access: Google Classroom

Total Hours: 100 Hours or 170 Hours Study

Assessments: Pre-course assessment and End-course assesment.



We use a wide range of teaching resources, and you are provided with access to lesson materials and self-study assignments that you are required to complete between classes.

QUALIFICATION DELIVERED BY OUR INDUSTRY PARTNERS

■ LEVEL 3 CERTIFICATE IN PREPARING TO WORK IN ADULT SOCIAL CARE

Stage: Month 4-9

Delivery Method: via Video Link

Location: Online

When & Hours:

Once Monthly 1 to 1 tutor session

Weekly 2 hour group session

Timetable to be arranged with local college



Course overview:

This course delves deep into the Health and Social Care sector, offering a diverse range of units that develop essential knowledge, understanding, and skills. It focuses on providing students with a strong common core of competencies through mandatory content, setting the foundation for a successful journey in this dynamic field.

Who Is This Course For?

This course is tailored for students with a keen interest in pursuing a career in the health service or social care sector. It offers an holistic view, encompassing a wide array of settings and client groups, ensuring that you are well-prepared for the multifaceted challenges of this profession.

QUALIFICATION DELIVERED BY OUR INDUSTRY PARTNERS

Course Content:

- Working in Health and Social Care
- Meeting Individual Care and Support Needs
- Principles of Safe Practice in Health and Social Care
- Enquiries into Current Research in Health and Social Care
- Supporting Individuals with Additional Needs
- Caring for Individuals with Dementia
- Nutritional Health



Assessment Methods:

Your progress in this course will be assessed through a variety of methods. Some units are evaluated through exams, ensuring your theoretical knowledge is sound. Additionally, the remaining units are assessed internally through assignments, projects, case studies, and practical work. This diverse assessment approach equips you with both theoretical and practical skills, preparing you for success in the ever-evolving field of health and social care.

DELIVERED IN PARTNERSHIP WITH



OCCUTEACH LTD



VOLUNTARY WORK

As part of the course you will be required to gain voluntary experience in a social care setting within your home country.

You will be supported and signposted to appropriate care settings in your home country who work alongside us to give you these opportunities.

They will also offer you a reference for future employment opportunities.



Qualification Specification
iCQ Level 3 Certificate in Preparing to
Work in Adult Social Care



Qualification Details

This qualification is an ideal course for those looking to embark on a rewarding career in the health and social care industry. This is also an ideal course if you are looking for, or currently working in, care roles in residential settings, home care, and day services.

About This Course

This is a full RQF qualification. Our level 3 Certificate in Preparing to Work in Adult Social Care provides learners with a sound understanding of the subject area. The programme provides a framework to assess the learner's competency relating to the health and social care sector.

The Certificate aims to develop the knowledge and skills of learners working in a wide range of roles within health and social care. The qualification supports the carer's role in the workplace and provides a pathway to higher-level qualifications.

The course is particularly popular for learners currently working as senior care assistants and support workers in residential settings as well as domiciliary/day services.

Assessment

This course is assessed using a series of assignments that are designed to test your knowledge of the course materials. You'll access your learning materials and submit your work online using our learner management system. Your expert assessor will mark your work and guide you throughout the programme.

Please refer to Appendix 1 for the full course specification



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■ CARE CERTIFICATE

Stage: Month 10-12

Delivery Method: Online Self Study

Access: 24 hours per day during the access period

- Understand your role
- Your personal development
- Duty of care
- Equality and diversity
- Work in a person-centred way
- Communication
- Privacy and dignity
- Fluids and nutrition
- Awareness of mental health or dementia or learning disability
- Safeguarding Adults & Children
- Basic Life Support
- Health and Safety
- Handling information
- Infection prevention and control



Our Care Certificate training is designed to provide you with the knowledge and skills you require for your employment in the Health & Social Care sector.

The Care Certificate covers 15 Care Standards and gives you, and your employer, the confidence that you have the necessary introductory skills, knowledge, and behaviours to provide compassionate, safe, and high-quality care and support in the UK.



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■ CARE CERTIFICATE TUTOR LED TRAINING

Stage: Months 10-12

Delivery Method: Tutor Led Online

Location: Microsoft Teams

Total Time: 3 days

This is the next step on your journey towards becoming a skilled and compassionate health & social care professional. Building on the foundational knowledge you've gained through our online Care Certificate training, this tutor led training is designed to enhance your practical skills, understanding, and readiness to provide high-quality care.

We understand that providing care is not just about knowing the theory; it's about applying that knowledge with empathy, professionalism, and skill. Our tutor-led delivery of the Care Certificate is designed to empower you with the additional skills and confidence needed to deliver outstanding care to those you support. Your journey to becoming a proficient and compassionate caregiver continues here.



FUNCTIONAL SKILLS TRAINING DELIVERED BY OUR INDUSTRY PARTNERS

■ ENGLISH FOR CARE

Stage: Months 10-12

Delivery Method: Online Self Study

Access: 24 hours per day during the access period

Total Hours: 80 Hours Study

When: Completed prior to arrival in the UK

To help you stand out from other applicants and to communicate effectively with healthcare professionals, our English for Care course provides the correct vernacular, vocabulary, grammar, pronunciation and essential terminology to support interactions in multiple care scenarios. It is therefore of value to every English Language speaker regardless of competence level.



FUNCTIONAL SKILLS TRAINING DELIVERED BY OUR INDUSTRY PARTNERS

■ LIVING & WORKING IN THE UK

Stage: Months 10-12

Delivery Method: Online Self Study

Access: 24 hours per day during the access period

Total Hours: 10 Hours Study

When: Completed prior to arrival in the UK

This short course is designed for those relocating to the UK, providing them with the essential knowledge necessary to successfully settle into their new roles here.

The course features a highly visual and engaging format, incorporating numerous videos, useful reading materials, language and comprehension tasks for checking understanding, as well as links to a diverse array of websites for further exploration and reading.





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■ ESSENTIAL ENGLISH FOR LIVING & WORKING IN THE UK, TUTOR LED SESSION

Stage: Months 10-12

Delivery Method: Tutor Led Online

Location: Microsoft Teams

Total Time: 3 Group Sessions



Our Essential English for Living & Working in the UK, is designed to help you thrive in the UK's work environment and culture. Our comprehensive training covers essentials you need to know to confidently navigate life and work in the UK.

What's Included:

1. **Cultural Insight:** Understand the nuances of UK culture, including social norms, customs, and etiquette. Learn about British values, traditions, and common practices to help you integrate seamlessly into your new environment.
2. **Language Skills:** Enhance your English language proficiency with practical guidance on everyday communication. From formal interactions to casual conversations, we'll equip you with the language skills you need to communicate effectively and confidently.
3. **Workplace Challenges:** Discover how to address challenges you may encounter in the workplace, from understanding important documents to seeking help when needed. Learn about your rights and responsibilities as an employee and how to navigate workplace dynamics with professionalism and confidence.
4. **Social Etiquette:** Explore British social customs related to food, drink, and social interactions. Learn about dining etiquette, including table manners and the art of polite refusal. Gain insight into British attitudes towards mental health, work-life balance, and the importance of self-care.
5. **Communication Skills:** Understand effective communication, including body language, timekeeping, and small talk. Understand the importance of non-verbal communication and learn how to build rapport and establish positive relationships with colleagues and clients.