



**ASPIRE**

Training Academy

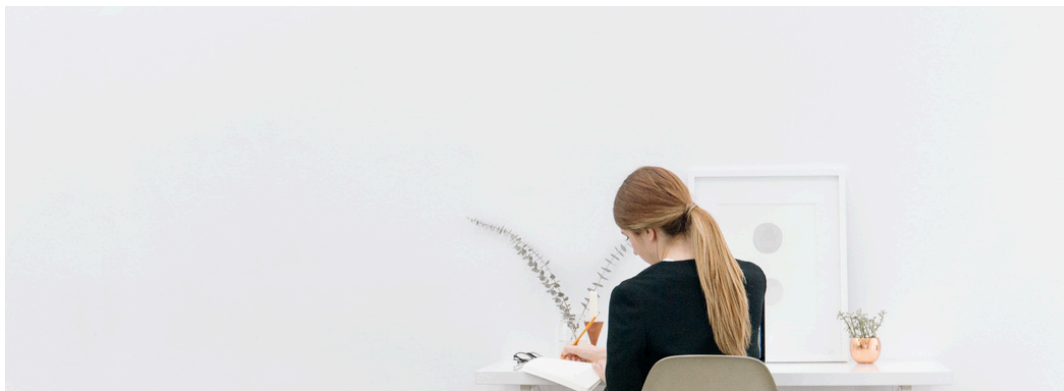
**UK REGISTERED**

**NURSE**

**PREPARATION**

**PROGRAMME**

# WHY CHOOSE ASPIRE TRAINING ACADEMY



We have developed the Aspire Training Academy Programme with our training and industry partners to provide a structured, effective and efficient approach.

Aspire Training Academy provides students with opportunities to gain the skills and knowledge to gain their NMC Pin and become a UK Registered Nurse.

Our programme is designed to give you both the practical skills to the required NHS standard, language courses specifically designed for working in a care environment and personal skills including Interview training and UK orientation.



## GAIN



**QUALIFICATIONS**



**CARE CERTIFICATE**



**SKILLS**



**KNOWLEDGE**

# ■ CARE CERTIFICATE

Delivery Method: Online Self Study

Access: 24 hours per day during the access period

- Understand your role
- Your personal development
- Duty of care
- Equality and diversity
- Work in a person-centred way
- Communication
- Privacy and dignity
- Fluids and nutrition
- Awareness of mental health or dementia or learning disability
- Safeguarding Adults & Children
- Basic Life Support
- Health and Safety
- Handling information
- Infection prevention and control



Our Care Certificate training is designed to provide you with the knowledge and skills you require for your employment in the Health & Social Care sector.

The Care Certificate covers 15 Care Standards and gives you, and your employer, the confidence that you have the necessary introductory skills, knowledge, and behaviours to provide compassionate, safe, and high-quality care and support in the UK.

## ■ CARE CERTIFICATE TUTOR LED TRAINING

Delivery Method: Tutor Led Online

Location: Microsoft Teams

Total Time: 3 days

This is the next step on your journey towards becoming a skilled and compassionate health & social care professional. Building on the foundational knowledge you've gained through our online Care Certificate training, this tutor led training is designed to enhance your practical skills, understanding, and readiness to provide high-quality care.

We understand that providing care is not just about knowing the theory; it's about applying that knowledge with empathy, professionalism, and skill. Our tutor-led delivery of the Care Certificate is designed to empower you with the additional skills and confidence needed to deliver outstanding care to those you support. Your journey to becoming a proficient and compassionate caregiver continues here.

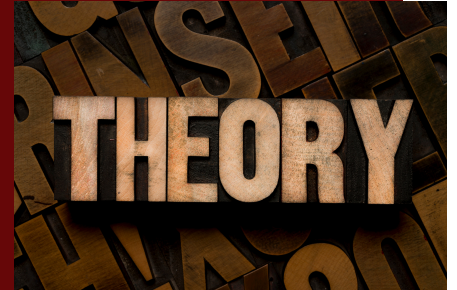


# ■ PREPARATION OSCE THEORY TRAINING

Delivery Method: Online

Access: 24 hours per day during  
the access period

Total Hours: 60 Hours Study



Designed specifically for internationally educated nurses gearing up for the NMC OSCE (Objective Structured Clinical Examination) in the field of adult nursing. This comprehensive course is meticulously crafted to equip you with the essential knowledge, language proficiency, and communication skills necessary to excel in your OSCE assessment, ultimately leading to your successful registration with the NMC (Nursing and Midwifery Council).

Our Preparation for the Nursing OSCE Online Theory Course covers the following:

- About the OSCE
- The structure of the OSCE (Test of Competence 2021)
- The Nursing and Midwifery Council (NMC)
- The NMC Code
- NMC standards of proficiency for registered nurses
- Standards of proficiency
- What is APIE?
- APIE scenarios
- APIE: assessment
- APIE: planning
- APIE: implementation
- APIE: evaluation



# ■ PREPARATION OSCE THEORY TRAINING

- Clinical skills: overview
- Clinical skills: infection control
- Clinical skills: administration of inhaled medication (AIM)
- Clinical skills: administration of suppository
- Clinical skills: aseptic non-touch technique (ANTT)
- Clinical skills: blood glucose monitoring
- Clinical skills: bowel assessment
- Clinical skills: catheter specimen of urine (CSU)
- Clinical skills: fine bore nasogastric tube insertion
- Clinical skills: fluid balance (FB)
- Clinical skills: in-hospital resuscitation (IHR)
- Clinical skills: intramuscular (IM) injections
- Clinical skills: IV flush and VIP score
- Clinical skills: MSU and urinalysis
- Clinical skills: nasopharyngeal suctioning
- Clinical skills: nutritional assessment
- Clinical skills: oral care plan
- Clinical skills: oxygen therapy
- Clinical skills: pain assessment
- Clinical skills: peak expiratory flow rate
- Clinical skills: pressure area assessment
- Clinical skills: removal of a urinary catheter
- Clinical skills: subcutaneous injection
- Clinical skills: wound assessment
- Professional values: overview
- Professional values in nursing practice
- Professional values: bullying and harassment
- Professional values: confidentiality



## ■ PREPARATION OSCE THEORY TRAINING

- Professional values: sharing information with third parties
- Professional values: drug error
- Professional values: honesty
- Professional values: witnessed abuse
- Professional values: potential abuse and safeguarding
- Professional values: social media
- Professional values: social media and racism
- Professional values: impaired performance
- Professional values: professional confrontation
- What is evidence-based practice?
- Evidence-based practice: ankle sprain
- Evidence-based practice: autism spectrum disorder
- Evidence-based practice: bedside handover
- Evidence-based practice: cervical screening
- Evidence-based practice: cranberry juice and UTI
- Evidence-based practice: diabetes
- Evidence-based practice: female myocardial infarction
- Evidence-based practice: fever in children
- Evidence-based practice: honey dressing for venous ulcer
- Evidence-based practice: dementia and music
- Evidence-based practice: pressure ulcer prevention
- Evidence-based practice: use of restraints
- Evidence-based practice: saline versus tap water
- Evidence-based practice: smoking cessation

# ■ PRACTICAL PREPARATION OSCE TRAINING

Delivery Method: Tutor Led Online

Access: By Invitation

Total Hours: 5 days (depending on Nurse pathway)

Our OSCE preparation training provides you with the freedom to choose your nursing pathway. Whether you aspire to become an RGN (Registered General Nurse) specializing in adult nursing, an RMN (Registered Mental Health Nurse), or an RCN (Paediatric Nurse specialising in Children's Nursing), our training is tailored to your ambitions.

Delivered by qualified Nurse Trainers, our training programme typically commences 6 months after arrival in the UK. Its primary objective is to align your international nursing skills with the Test of Competence handbook and the NMC nursing blueprint, ensuring you're fully prepared for the challenges ahead.

At the culmination of your training journey, you will face a mock exam designed to mirror the performance expectations of the NMC (Nursing and Midwifery Council) and the criteria assessed in the Test of Competence. This mock OSCE (Objective Structured Clinical Examination) adheres to the same timing principles as the NMC OSCE exam, providing you with a realistic preview of what to expect.



## ■ PRACTICAL PREPARATION OSCE TRAINING

Our training is not just informative; it's interactive and engaging. We employ a diverse range of activities, including case studies, scenarios, practical exercises, and videos. We also encourage reflection, ensuring that your learning experience is not only comprehensive but also deeply enriching.

To accommodate your work schedule, we offer this training online. Your journey towards becoming a skilled and confident nurse begins here, with options that suit your needs and aspirations.



# FUNCTIONAL SKILLS TRAINING

DELIVERED BY OUR INDUSTRY PARTNERS



## ■ ENGLISH FOR CARE

Delivery Method: Online Self Study

Access: 24 hours per day during the access period

Total Hours: 80 Hours Study

When: Completed prior to arrival in the UK

To help you stand out from other applicants and to communicate effectively with healthcare professionals, our English for Care course provides the correct vernacular, vocabulary, grammar, pronunciation and essential terminology to support interactions in multiple care scenarios. It is therefore of value to every English Language speaker regardless of competence level.

# ■ LIVING & WORKING IN THE UK

Delivery Method: Online Self Study

Access: 24 hours per day during the access period

Total Hours: 10 Hours Study

When: Completed prior to arrival in the UK

This short course is designed for those relocating to the UK, providing them with the essential knowledge necessary to successfully settle into their new roles here.

The course features a highly visual and engaging format, incorporating numerous videos, useful reading materials, language and comprehension tasks for checking understanding, as well as links to a diverse array of websites for further exploration and reading.



# INTERVIEW TRAINING



Aspire Training Academy provide you with a variety of training to support in your career aspirations.

Interview Preparation:

In depth training how to succeed and excel in Interviews.

Our Personal Development and Employability Training helps you to develop the skills you need to further your career and improve your success in gaining employment.

## PERSONAL DEVELOPMENT

As well as all the practical training you will receive, Aspire Training also equip you with the knowledge required to ensure your transition to life in the UK is as seamless as possible, with our in depth course on the idioms of UK culture, whether it is to do with etiquette or UK traditions.



*Please note actual course titles may vary*